



Council For Child Abuse Prevention

Ending Child Abuse and Neglect | San Fernando & Santa Clarita Valleys | childandfamilycouncil.org



in partnership with



The Children are Listening



A FREE Presentation on Preventing Violence & Understanding Causes of Toxic Stress in our Community

Amidst the aftermath of a pandemic, social injustice concerns, global instability, economic challenges, and a myriad of life stressors, our society has encountered unprecedented difficulties resulting in heightened anxiety and depression among individuals. While parents and caregivers are striving to navigate these difficulties, children are listening, watching, and feeling the stress around them. Focusing on child abuse prevention, this presentation will provide caregivers knowledge on the impact community and family stress and violence has on children and a toolkit of effective strategies to nurture resilience and mitigate the impact of these stressors on their children.

Presenter: Alejandra Trujillo, MS, LMFT, is a California-licensed Marriage and Family Therapist and a Mexico Licensed Psychologist, Adjunct Faculty and Clinical Supervisor for California State University, Northridge, TFCBT-EBP Specialist Lead Clinician at San Fernando Valley Community Mental Health Center, Inc., and also maintains a private practice in Northridge, California.

April 18, 2024 ♥ 9:00 am - 12:00 Noon
Boys & Girls Club of San Fernando Valley
11251 Glenoaks Blvd. Pacoima, CA 91331



Grocery Gift Card Giveaway
To participants who complete an event survey

Limited Childcare Available
Participant registration is required

Light Breakfast will be served



[Click here to register](#)

Or call (818) 913-5093 for more information