

The Protective Factors

Keep Your Family Strong

01 Nurturing and Attachment

Infant brains develop best when caregivers work to understand and meet the infant's need for love, affection, and stimulation.

02 Knowledge of Parenting and Child Development

Parents who understand child development are more likely to provide their children with respectful communication, developmentally appropriate limits, and opportunities that promote independence.

03 Parental Resilience

Resilience is the flexibility and inner strength to bounce back when things are tough and knowing how to seek help in challenging times.



04 Social Connections

Parents often find it is easier to care for their children and themselves when they have a network of emotionally supportive friends, family, and neighbors.

05 Concrete Support for Families

When your family's basic needs for food, clothing, housing, and transportation are met, you have more time and energy to devote to your children's safety and well-being.

06 Social and Emotional Competence of Children

Children's ability to self-regulate their emotions and behavior, communicate feelings, and solve problems effectively positively impacts their relationships with adults and peers—including their family.



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